



New requirements for  
Adult CPR training courses using  
CPR feedback devices to help improve training skills  
**American Heart Association**

On August 15, 2017, the American Heart Association published on August 15, 2017, that they “will now require the use of an instrumented directive feedback device in all courses that teach adult CPR skills, effective January 31, 2019.

Prestan® has championed the use of, and has been aware of the significant impact, of feedback mechanisms in CPR/AED training since it first introduced its manikins to the market in May of 2008. We have evaluated our products in light of the American Heart Association statements and have determined that the Prestan Professional Adult CPR/AED Training Manikin with Monitor **meets all of the requirements** as stated by the American Heart Association.

Prestan’s Professional Adult CPR/AED Training Manikin with Monitor provides **real-time visual feedback** with lights in the shoulder area of the manikin that builds student confidence by providing feedback rates in steps. Then, when compressions are 100 to 120 per minute, two green lights appear. If the upper limit of 120 compressions per minute is exceeded, a yellow flashing light will flash on and off.

Prestan’s Professional Adult CPR/AED Training Manikin with Monitor provides **real-time audio feedback** with a clicker mechanism that emits a loud ‘click’ sound when the torso is compressed to a depth of at least 2”.

American Heart Association:

- Chest compressions are delivered at a rate of 100 to 120 compressions per minute and at a depth of at least two inches
- Feedback devices must, at a minimum measure and provide real-time audio and/or visual feedback on compression rate and depth
- Although chest recoil and proper hand placement is noted in the announcement, it is **NOT** part of the compliance with the directive.

Prestan Professional Adult CPR Training Manikins with Monitors **meet all the requirements of the American Heart Association**. The American Heart Association has not set requirements for Child nor Infant manikins – although Prestan’s Professional Child CPR/AED Training Manikins with Monitors and Prestan’s Professional Infant CPR/AED Training Manikins with Monitors provide feedback mechanism desired by instructors throughout the world.

For further information or questions, please contact your Prestan Authorized Distributor.

**MCR Medical Supply - 614-782-2100 or [www.mcrmedical.com](http://www.mcrmedical.com)**